

Cpt Rune Gilberg Jensen F/O _____

vroute Flight Progress Card

Callsign SAS4546 From ENGM To ENAT
Altitude FL350 Aircraft B738/pmdX Reg # _____

Departure Weather

ENGM 061820Z 20005KT 9999 FEW006 BKN008 01/M00
Q0992 NOSIG

Route

NUVSA3A NUVSA Z125 RBU Z103 SOMUB Z101 EVABO Z201
BDF Z205 BADIX BADIX2S

Clearance

ATIS _____ SID _____ Climb _____
Squawk _____ Departure freq _____
Instructions _____
Taxi via _____ Rwy _____

Enroute

Approach

STAR _____ Rwy _____ QNH _____

Landing

ATIS _____ Wind _____ @ _____ Vref _____ Flaps _____
Taxi via _____ Stand _____

Arrival & Alternates

ENAT Alta (elev 9 ft)

METAR: ENAT 061750Z 25003KT 190V280 9999
FEW025 BKN040 M01/M03 Q0993 RMK WIND
700FT 04004KTTAF: TAF ENAT 061700Z 0618/0624 VRB05KT
9999 FEW020 SCT035

EFHK Helsinki Vantaa [↓ 581 nm]

EFHK 061750Z VRB03KT 9999 FEW040 03/02 Q0993
NOSIG

ENGM Oslo Gardermoen [↙ 661 nm]

ENGM 061820Z 20005KT 9999 FEW006 BKN008 01/M00
Q0992 NOSIGRoute: RATUL M609 HTK Z201 EVABO Z101 SOMUB Z134
IVGAN L996 INREX

ESSA Stockholm Arlanda [↓ 634 nm]

ESSA 061820Z 34002KT 9999 BKN009 BKN035 04/03
Q0994 TEMPO BKN015Route: OSLAT DCT GAPRO N150 NOVRI T317 VAGAS DCT
SIPRI N5 HMR

DEP time (sched/act) 1030z _____

ARR time (sched/act) 1227z _____

Payload _____ 6 486 kg

Zero fuel weight _____ 47 899 kg

Fuel on board _____ 10 220 kg

Take-off weight _____ 57 974 kg

Forecast avg wind _____ 270/34

Final fuel _____

Fuel used _____

Total block time _____

Route Details:

Position	MagH	Dist	Time	Fuel Rem
Coordinates	FIR	RDist	Winds	
ENGM	013°		1044	9.9
N6012.2 E01105.0 ENOS		702	285/70	
GM436	349°	3	1045	9.8
N6015.4 E01106.9		699	283/63	
GM437	349°	2	1046	9.7
N6017.3 E01106.3		697	283/63	
GM438	020°	4	1046	9.6
N6020.8 E01105.3		693	283/63	
PEMUS	000°	26	1051	9.2
N6045.0 E01126.5		667	281/55	
NUVSA	000°	20	1054	8.9
N6104.5 E01128.9 EN		647	281/55	
ADUSO	001°	41	1059	8.6
N6145.0 E01134.1		606	277/46	
MIRVU	355°	15	1101	8.5
N6200.0 E01136.1		591	277/46	
RBU /401.00	004°	30	1106	8.4
N6230.4 E01133.4		561	274/42	
SOMUB	016°	51	1113	8.1
N6321.0 E01148.3		510	271/35	
TUXOT	016°	40	1118	7.9
N6358.7 E01219.3		470	270/32	
GUBAV	014°	115	1134	7.4
N6546.4 E01356.7		355	260/23	
EVABO	020°	148	1154	6.6
N6805.1 E01610.9		207	258/20	
EVD /117.35	039°	25	1157	6.5
N6827.4 E01640.9		182	256/20	
LAVNA	040°	31	1201	6.4
N6848.9 E01742.7		151	254/20	
BDF /114.20	052°	22	1204	6.2
N6903.9 E01828.0		129	253/19	
PIGAX	051°	31	1209	6.1
N6919.4 E01944.6		98	249/19	
BADIX	053°	59	1218	6.1
N6947.0 E02213.7 ENBD		39	242/21	
D236Y	054°	1	1218	6.1
N6947.7 E02217.4		38	241/21	
D236S	356°	6	1219	6.0
N6950.3 E02232.9		32	241/21	
D287Q	086°	15	1222	6.0
N7005.7 E02237.3		17	241/21	
OKAVA	110°	4	1223	6.0
N7005.3 E02249.3		13	241/21	
ENAT	---	13	1227	5.9
N6958.6 E02322.3		0	241/21	